the your quide to staying active in Maricopa Guide Guide

SUMMER 2011

Registration Begins: March 28

FEATURED CLASS:

Disney's Camp Rock, Musical Class/Production

Maricopa Community Theatre Summer Program's sole purpose is to help teens and children learn the process of creating strong character through performance. Student actors will explore voice, movement & expression, character analysis and theatrical production. At the end of the program, students will perform Disney's Camp Rock, the musical for the community. This will be a unique opportunity for students to perform in a community theatre production and for students interested in learning the technical side of theatre. Come rock out with our team of Directors, Acting Coaches and Choreographer! Performance Dates: July 21 & July 22 at 7:00 pm and July 23 at 2:00 pm.

DISNEW

THE MUSICAL

More details on page AG7

Catalog Codes & Help Guide AG2 Programs: Art & Music AG2 Dance & Gymnastics AG4 General Interest AG4 Sports, Health & Fitness AG5 **Summer Camps** AG8 Training & Certifications AG7

Age-appropriate icons

help you find the programs and classes that are age relevant and may be suitable for you and your family:



Sports Calendar

May be suitable for children ages 1-5.



May be suitable for children ages 6-12.



May be suitable for teens ages 13-17.



May be suitable for older teens and adults ages 18+.

Where's my class? Here's a reference guide to help you better identify where our programs are located:

AKSC = Aspire Kids Sports Center

ATA = ATA Karate Studio

CAC = Central Arizona College

CC = Coyotes Center

CH - City Hall

CTR = Copa Center

DK = Duke Golf Course

DSPA = Desert Sun Performing Arts

MCC = Maricopa Chamber of Commerce

MDA = Maricopa Dance Academy

MES = Maricopa Elementary School

MM = Maricopa Manor Business Center

MPL = Maricopa Public Library

MULT = Multiple locations

PMB = Pima Butte Elementary School

PP = Pacana Park

PW = Public Works

PWY = Pathway Prepatory Academy

RTP = Rotary Pool

SB = Saddleback Elementary School

SSM = Stage Stop Marketplace

SRES = Santa Rosa Elementary School

TBD = To be determined

How to read the catalog

correctly is important in selecting the programs that interest you and works with your schedule. Here's what you should expect to find in the program schedule line: Session, Age Requirement, Cost of Class, Day(s) of the Week, Date Range, Class Time and Location Code.

R Т & S Α Μ

Acting Class

AG3



Students will learn basic acting techniques, stage presence and vocal projection skills. All actors will have a part in the show. This is a super fun way to beat the heat and prevent boredom this summer! Tuition includes a t-shirt for end of the year spectacular.

5-8 \$39 M-Th 5/31-6/30 8-9AM MDA \$39 M-Th 5/31-6/30 2-3PM MDA 5-8 \$39 M-Th 5/31-6/30 11AM-12PM MDA \$39 M-Th 5/31-6/30 12-1PM MDA

Basic Drawing Techniques: Brush & Ink



Beginning drawing class that introduces ink and brush drawing technique. Famous artists that have used this technique will be discussed. Student will need to purchase own supplies required for the class. This class is offered in partnership with Central Arizona College (CAC). Instructor: Megan Abdallah 7/9 9AM-12PM \$25 S

Basic Drawing Techniques: Using Watercolors



Beginner watercolor class that introduces basic watercolor technique and artwork of well-known impressionist and postimpressionist artists. This class is being offered in partnership with Central Arizona Collage (CAC). Instructor: Megan Abdallah 18+ \$36 S 7/23-7/30 1-4PM

Intro. to Oil Painting for Beginners



This is an Introduction to Oil on Canvas Painting. The purpose of the class is to present techniques and methods so you can paint fantastic landscape scenes right away. This is a Hands-On Class where you will be painting your first painting from the first class. During the classes, you will learn about Color, Composition, Structure, Method of applying paints to achieve different effects. The class will not be a demonstration but a real handson class where you will be practicing the techniques and methods immediately. Note: We will be using standard Oil Paints and Oderless Terpenoid. People who are allergic to oil-based paints, terpentines or thinners should not take this class. Enrolled students must purchase their own supplies. Additional details can be found at maricopa-az.gov.

\$100 T 5/17-6/21 6-8PM MPL 16+ 5/17-5/31 6-8PM MPL

Just Once Guitar



Have you ever wanted to learn how to play the guitar but simply find it difficult to make the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away.

\$49 7/25 4-6:30PM TRD

Just Once Piano



You don't need years of weekly lessons to learn how to play piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. You will learn all the chords you'll need to play any song. If you can find middle C and know the meaning of Every Good Boy Does Fine, you know enough to enroll in this workshop.

\$49 M 7/25 6:40-9:40PM TBD

REGISTER ONLINE: MARICOPA-AZ.GOV



The City Youth Council Presents:

City of Maricopa Earth Day

Recyclable Art Contest

The City of Maricopa Youth Council invites elementary school kids to participate in a recyclable art contest by making an art project out of all recyclable materials. The purpose of the contest is to raise awareness about going green in our community and is free to participate.

All projects due at City Hall: April 1, 2011 Winners unveiled on Earth Day: April 22nd, 2011 **Contest Divisions:**

- K-2nd grade
- 3-4th grade
- 5-6th grade

1 winner from each age group receives an Art kit

Questions:

Contact Rocky Brown rocky.brown@maricopa-az.gov or call 520-316-6835.

Classic Cinema Club: 300



Watch classic American movies from the 70s, 80s and early 90s. Space is limited so you must register in advance; on-site registration will not be allowed. The cost is \$2 per movie. Your receipt is your ticket into the show! For more information or movie selections, please contact Rocky Brown at 520/316.6835 or rocky.brown@maricopa-az.gov or visit maricopa-az.gov

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	12-18	\$2	F	4/22	7-9:30PM	MPL
	12-18	\$2	F	5/20	7-9:30PM	MPL
	12-18	\$2	F	6/17	7-9:00PM	MPL
	12-18	\$2	F	7/22	7-9:30PM	MPL
	12-18	\$2	F	8/26	7-9:30PM	MPL

SPORTS CALENDAR

Fall Youth Flag Football

Ages: 4-5, 6-7, 8-9

Registration:

July 18 through August 26

Practices begin:

Week of September 26

Game dates:

October 15 - December 10

Cost: \$45 per child

For more information, contact Community Services at 520/316.6962



Singing Class



Students will learn a variety of songs, basic vocal technique, projection, and music basics. The songs they learn will be performed at the Summer Art Spectacular. *Call Maricopa Dance Academy for the class time for a specific type of class. This is a super fun way to beat the heat and prevent boredom this summer! Tuition includes a t-shirt for end of the year spectacular.

5-8 \$39 M-Th 5/31-6/30 10-11AM MDA 9+ \$39 M-Th 5/31-6/30 1-2PM MDA

DANCE & GYMNASTICS

Cheerleading



Learn basic tumbling, cheers, dance and chants, that will prepar to be a show squad. S1 5-9 \$53 Th 6/2-6/23 5:45-6:30PM SSM S2 5-9 \$53 Th 6/30-7/21 5:45-6:30PM SSM S1 10-14 \$53 W 6/1-6/22 6-7PM SSM S2 10-14 \$53 W 6/29-7/20 6-7PM SSM

Creative Movement



This is a fun class that introduces boys and girls into the wonderful world of dance and movement. Students will be introduced to the basics of ballet and jazz, have an opportunity to play with instruments, use fun props, and tumble on tumbling mats. This class helps students adjust to a class room group/instructor atmosphere without mom or dad in the room.

2-3 \$50 W 5/18-6/15 9-9:45AM MDA

Dance Class:



Dance Class: Focusing on the theatrical aspects of dance, students will learn choreography and techniques in tap, jazz and Ballet. Dances they learn will be performed at the Summer Spectacular. This is a super fun way to beat the heat and prevent boredom this summer! Tuition includes a t-shirt for end of the year spectacular.

5-8 \$39 M-Th 5/31-6/30 9-10AM MDA 9+ \$39 M-Th 5/31-6/30 3-4PM MDA

Fairy Tale Ballet



This class will introduce the basic steps to ballet. Students will begin at the barre, then continue class in the center and do movemetns across the floor to Disney Princess music and Fairy Tale classical music. Students will have the opportunity to make up their own dance moves and be creative at the end of class. Students are recommended to wear any color leotard with or without a skirt, pink tights, and pink ballet shoes. Attire is not included in the registration fee but is optional.

5-7 \$50 S 5/21-6/18 10-11AM MDA

Gymnastics



Non-experienced gymnasts will learn all the basics of gymnastics, including use of equipment from certified instructors in our fully equipped gym.

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7-1	8	\$43	Т	5/17-5/31	4:15-5PM	SSM	
7-1	8	\$43	Τ	5/17-5/31	5-5:45PM	SSM	
7-1	8	\$43	Th	5/19-6/2	4:15-5PM	SSM	
7-1	8	\$43	Th	5/19-6/2	5-5:45PM	SSM	
7-1	8	\$53	Т	6/7-6/28	4:15-5PM	SSM	
7-1	8	\$53	Т	6/7-6/28	5-5:45PM	SSM	
7-1	8	\$53	Th	6/9-6/30	4:15-5PM	SSM	
7-1	8	\$53	Th	6/9-6/30	5-5:45PM	SSM	
7-1	8	\$53	Т	7/5-7/26	4:15-5PM	SSM	
7-1	8	\$50	Т	7/5-7/26	5-5:45PM	SSM	
7-1	8	\$53	Th	7/7-7/28	4:15-5PM	SSM	
7-1	8	\$53	Th	7/7-7/28	5-5:45PM	SSM	
7-1	8	\$43	Т	8/2-8/16	4:15-5PM	SSM	
7-1	8	\$43	Т	8/2-8/16	5-5:45PM	SSM	
7-1	8	\$43	Th	8/4-8/18	4:15-5PM	SSM	
7-1	8	\$43	Th	8/4-8/18	5-5:45PM	SSM	

Parent & Star



Bond with your child through gymnastics! USA certified instructors will explore the vault, bars, beams, floor, rings, trampoline and much more with parents and children. Note: your child must be able to walk on their own to participate in this class.

1-3	\$36	Τ	5/17-5/31	9-9:30AM	SSM
1-3	\$36	Th	5/19-6/2	9-9:30AM	SSM
1-3	\$48	Т	6/7-6/28	9-9:30AM	SSM
1-3	\$48	Th	6/9-6/30	9-9:30AM	SSM
1-3	\$48	Т	7/5-7/26	9-9:30AM	SSM
1-3	\$48	Th	7/7-7/28	9-9:30AM	SSM
1-3	\$36	Т	8/2-8/16	9-9:30AM	SSM
1-3	\$36	Th	8/4-8/18	9-9:30AM	SSM

Shooting Stars



Boys and girls will develop strength, flexibility, and coordination alongside certified instructors with the vault, bars, beam, floor, rings, and trampoline.

5-6 \$36 T 5/17-5/31 4:15-5PM SSM

5-6	\$36	Th	5/19-6/2	4:15-5PM	SSM
5-6	\$48	Т	6/7-6/28	4:15-5PM	SSM
5-6	\$48	Th	6/9-6/30	4:15-5PM	SSM
5-6	\$48	Т	7/5-7/26	4:15-5PM	SSM
5-6	\$48	Th	7/7-7/28	4:15-5PM	SSM
5-6	\$36	Т	8/2-8/16	4:15-5PM	SSM
5-6	\$36	Th	8/4-8/18	4:15-5PM	SSM

Tiny Tot Combo



Students learn how to work in a group setting without mom or dad and do half hour of tap and a half hour of ballet.

3-5 \$50 S 5/21-6/18 9-10AM MDA

Tumble Stars



When introducing gymnastics to children, our main goal is for them to have fun as they learn the core physical concepts of flexibility, balance and agility.

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3-4	\$43	Τ	5/17-5/31	10-10:45AM	SSM
3-4	\$43	Th	5/19-6/2	10-10:45AM	SSM
3-4	\$53	Т	6/7-6/28	10-10:45AM	SSM
3-4	\$53	Th	6/9-6/30	10-10:45AM	SSM
3-4	\$53	Т	7/5-7/26	10-10:45AM	SSM
3-4	\$53	Th	7/7-7/28	10-10:45AM	SSM
3-4	\$43	Т	8/2-8/16	10-10:45AM	SSM
3-4	\$43	Th	8/4-8/18	10-10:45AM	SSM

Tumble Tots



This class is for adventurous children that are able to be seperated easily from their parents to explore gymnastics in a fun and safe environment with a safety certified instructor in toddler-kinder gymnastics.

2	\$36	Т	5/17-5/31	9:30-10AM	SSM
2	\$36	Th	5/19-6/2	9:30-10AM	SSM
2	\$48	Т	6/7-6/28	9:30-10AM	SSM
2	\$48	Th	6/9-6/30	9:30-10AM	SSM
2	\$48	Т	7/5-7/26	9:30-10AM	SSM
2	\$48	Th	7/7-7/28	9:30-10AM	SSM
2	\$36	Т	8/2-8/16	9:30-10AM	SSM
2	\$36	Th	8/4-8/18	9:30-10AM	SSM

GENERAL INTEREST

Beginner Quilt Making



Learn the basics of quilt making while making a quilt using the latest quick cutting techniques and machine piecing skills. Everything from fabric selection to binding the finished quilt will be covered in this class. This class is offered in partnership with Central Arizona

College (CAC).

18+ \$25 S 7/23 1-4PM CAC

Cake Decorations 101: The Basic Layered Cake



Decorate your layered cake and eat it too! Learn the Wilton-method of cake decorating including leveling, borders, flowers, and writing. This class is offered in partnership with Central Arizona College (CAC). Instructor: Helen Koyac

18+ \$25 S 7/16 9AM-12PM CAC 18+ \$25 S 7/30 9AM-12PM CAC

Cake Decorating 102: The Basic Character Cake



Decorate your cake and eat it too! Learn the star techniques for creating a Wilton character cake decorated working with a star tip and borders along with techniques of leveling, flowers, and writing. This class is offered in partnership with Central Arizona College (CAC). Instructor: Helen Kovac

18+ \$25 S 7/16 1-4PM CAC 18+ \$25 S 7/30 1-4PM CAC

Kids Photography:



Has your child tried to take your camera away from you because they want to take their own picture? If yes, then sign them up for this class. We will focus on the basic skills of photography in a fun hands-on environment. Class fee includes camera and prints.

8-12 \$45 T 5/17-5/31 6:15-7:15PM TBD 8-12 \$45 T 6/7-6/21 6:15-7:15PM TBD

Photography Workshop #1: Photography Basics:



Photography Basics. Do you wonder what those little buttons are on your camera? This workshop will walk you step by step on aperture, shutter speed, ISO, White Balance, and much more! At the end of this workshop, you will be able to use your camera to it's fullest capability.

18+ \$25 M 5/16 8:30-10:30AM TBD 18+ \$25 F 8/12 6-8PM CH

Photography Workshop #2: Composition Matters:



Taking a great photo is more than lifting up your camera and taking a shot. In this

workshop, you will learn how to achieve the CAC best exposure, rule of thirds, family/ group arrangements, black and white photography, and how to use your aperture for creative effects. This workshop will take you to the next level!

18+ \$25 M 5/23 8:30-10:30AM TBD 18+ \$25 F 8/19 6-8PM CH

Photography Workshop #3: Practice at the Park



In this workshop, you will apply the principles regarding camera functionality, composition, and lighting. You will be given a series of assignments which will take you step by step. These include varying your shutter speed and aperture to achieve the best exposure, using depth of field to get creative effects, and applying the principles of composition. Your photos will be evaluated during the workshop.

18+ \$25 M 5/30 8:30-10:30AM TBD 18+ \$25 F 8/26 6-8PM CH

Sold - An Introduction to Ebay:



Turn your hobby into a small business and supplement your income from home. This course will help you understand the process behind selling on eBay. This class is offered in partnership with Central Arizona College (CAC).

18+ \$25 S 7/9 1-4PM CAG

SPORTS, HEALTH & FITNESS

Beginning Dive:



Learn the basics of front and back dives, starting front and back tuck dives both on side and low board. Student has to be able to swim.

7+ \$50 MWTh 6/6-6/27 5-5:45PM RTP 7+ \$50 MWTh 7/11-8/1 5-5:45PM RTP

Biggest Loser:



Designed for individuals, ages 16+, who desire to lose weight and regain control of their health. Classes to include the following: Nutritional Counseling, Cardiovascular Training, Resistance Training, Group Accountability and Motivation.

16+ \$60 TTh 5/17-6/23 6:30-8PM TBD 16+ \$60 TTh 6/28-8/5 6:30-8PM TBD

Bootcamp:



Join us for this full-body workout that incorporates strength, endurance and flexibility. Bring a yoga mat or towel and a set of small weights (5 - 10 lbs).

18+ \$60 M-Th 5/16-6/9 5:15-6:15AM PP 18+ \$60 M-Th 6/20-7/14 5:15-6:15AM PP 18+ \$60 M-Th 7/25-8/18 5:15-6:15AM PP

Cardio Kickboxing:



If you are looking for a high-intensity workout that will increase your strength and flexibility while burning fat, try 45 minutes of cardio-kickboxing. With over four years of martial arts and cardio-kickboxing training the instructor uses a combination of kicks, punches, jabs and self defense moves that will keep your body moving. The class starts with a 5 minute stretch and then moves into full blown body workout and finishes off with a five minute cool down. Bring your water, tennis shoes and a towel and prepare your body for the burn fat zone!

16+ \$21 W 5/18-6/1 6:30-7:15PM TBD 16+ \$21 M 6/13-6/27 6:30-7:15PM TBD 16+ \$21 W 6/15-6/29 6:30-7:15PM TBD 16+ \$21 W 7/13-7/27 6:30-7:15PM TBD 16+ \$21 M 8/8-8/22 6:30-7:15PM TBD 16+ \$21 W 8/10-8/24 6:30-7:15PM TBD

Evening Balance Yoga:



This class is for all levels. Focus is on form, technique and breath; the class will also focus on building balance, flexibility and strength through simple postures as well as fluid movement exercises.

16+ \$55 W 6/8-7/27 6:30-7:30PM TBD

Fit & Learn:



An active approach to early learning. Bring your child to learn ABC's, 123's, calendar, colors and shapes while using sports and fitness to learn.

3-4	\$55	Т	5/31-6/21	9-11AM	SSM
3-4	\$85	TTh	5/31-6/23	9-11AM	SSM
3-4	\$55	Th	6/2-6/23	9-11AM	SSM
3-4	\$55	Т	6/28-7/19	9-11AM	SSM
3-4	\$85	TTh	6/28-7/21	9-11AM	SSM
3-4	\$55	Th	6/30-7/21	9-11AM	SSM

Fit4Baby



Fit4Baby is an exclusive prenatal fitness program that offers a total body interval workout including strength training, cardio and flexibility. During class, exercises will be adjusted to accommodate clients' various stages of pregnancy, and further education. 18-60 \$35 M 5/16-6/27 6:30-7:30PM TBD 18-60 \$35 M 7/11-8/22 6:30-7:30PM TBD

Hockey Tot





Skaters age 3 to 6 will learn basic hockey skating techniques. Students are required to wear a hockey helmet and hockey gloves are recommended (not included in the fee). Please note: this class will be held at the Coyote Center and you have to provide your own transportation.

3-6 \$70 S 5/21-6/25 10:35-11:05AM CC 3-6 \$70 S 7/9-8/20 10:35-11:05AM CC

Intro to Children's Fitness



Designed for individuals, ages 8-15, who desire to loss weight and regain control of their health. Class is an 8-week session meeting 2 times per week for 60 minutes to include the following: Nutritional Counseling, Cardiovascular Training, Resistance Training, Games and Motivation.

8-15 \$80 MF 5/23-7/15 6:30-7:30PM TBD

Karate for Kids & Adults







Young children, kids, teens and adults learn Taekwondo with several nationally certified Black Belt instructors. You've seen our demos for years, now come be a part of the only dedicated karate studio facility in the city. Maricopa Black Belt Academy is now in its sixth consecutive year of offering classes through the City of Maricopa. Students enjoy physical and mental strengthening through a variety of disciplined excercises, weapons training, board breaking, leadership development, and competition preparation. Attend up to two classes a week per below schedule.

New/White, Orange or Yellow Belts Only

5+ \$59 MW 5/23-6/29 5:45-6:25PM ATA \$59 MW 5/23-6/29 4:15-4:55PM ATA \$59 TTh 5/24-6/30 5-5:40PM ATA \$59 TTh 5/24-6/30 6:30-7:15PM ATA \$59 MW 7/11-8/17 4:15-4:55PM ATA \$59 MW 7/11-8/17 5:45-6:25PM ATA

5+ \$59 TTh 7/12-8/18 6:30-7:15PM ATA TTh 7/12-8/18 5-5:40PM ATA

Pilates (All Levels)



This class is for anyone who wants to lose inches, build muscle, increase endurance and strength. Pilates is a total body conditioning program and a great cardiovascular workout. The focus is on developing core muscle groups which include the abdomen, lower back and buttocks. We will also focus on deep, coordinated breathing and quality poses. Nutrition tips available. Bring a Pilates mat, water and wear comfortable clothing.

16+ \$32 Th 6/2-6/23 6:30-7:15PM CTR 16+ \$32 T 6/7-6/28 6:30-7:15PM CTR

Pilates (Beginner)



This class if for the person who has never taken pilates or who is new to pilates (6 months or less). Benefits can include reduction in inches, lean muscle and increase of strength. Bring pilates mat, water and wear comfortable

16+ \$32 Th 6/2-6/23 5:30-6:15PM CTR

Senior Swim



Senior swim is a program designed for men and women 55+ to help them improve flexibility, cardiovascular efficiency, psychological well-being.

55+ \$50 MWF 6/6-6/27 **RTP** 4-5PM MWF 7/11-8/1

Senior Water Aerobics



Enjoy the benefits of working out in the water! The buoyancy of the water protects muscles and joints against injury. This class consists of stretching, toning, water walking and light aerobics.

4-5PM $55 \pm$ \$50 **RTP** TTh 6/7-6/28 7/12-8/2 4-5PM **RTP**

Simple Choices That Can Improve Your Health



This six week interactive course will teach participants to make educated decisions regarding their health, lifestyle and nutrition. Attendees will not only learn about nutrition but will participate in exercises that will benefit their entire being; mentally, physically,

nutritionally and emotionally. Simple Choices That Can Improve Your Health with/ Joi-Ashli Gibbs, HHP, will prove to be fun and inspiring as well as educational. The class will finish up with an WELLDERNESS DISCOVERY SAFARI.

\$55 5/18-6/29 16+ W 7-8PM \$55 7/6-8/10 7-8PM 16+ W **TBD**

Snowplow Sam



Beginning ice skating lessons - If your child is between the ages of 3 and 6 and has never skated before, this is the perfect class! Snowplow Sam classes are based on the U.S. figure skating basic skills program. Participants will be in a group setting with a qualified instructor and receive free public session and skate rentals the day of class. Please note: this class will be held at the Coyote Center and you have to provide your own transportation.

3-6 \$70 S 5/21-6/25 11:10-11:40AM CC 3-6 \$70 S 7/9-8/20 11:10-11:40AM CC

Stroller Stride



Stroller Strides is a total fitness program that would meet any mother's fitness needs. If you are expecting, have a child in tow with you, or your children are school aged and you have a desire to get in shape this program is for you. Stroller Strides provides you with a full body workout which allows you to improve your endurance, strength and flexibility. All children that are attending Stroller Strides need to be in a stroller throughout class. Umbrella strollers are not recommended.

18+	\$80	M-F	5/16-7/1	9-10AM	TBD
18+	\$40	TTh	5/17-6/30	9-10AM	TBD
18+	\$80	M-F	7/11-8/26	9-10AM	TBD
18+	\$40	TTh	7/12-8/25	9-10AM	TBD

Swim for Moms & Tots



Mom and Tots is a fun and safe introduction to water safety with parents. We will work on safetly getting in and out of water, floating and start of blowing bubbles.

\$50 MW 6/6-6/27 10:15-10:45AM RTP \$50 TTh 6/7-6/30 10:15-10:45AM **RTP** 10:15-10:45AM \$50 MW 7/11-8/1 RTP TTh 7/12-8/4 10:15-10:45AM RTP

Swim Lessons: Adults



This class is designed to introduce the inexperienced or fearful adult to the water. The objective of this course is to help students to feel and become more comfortable in the water and enjoy the water safely. No class on Jul 2.

16+ \$50 S 6/11-7/9 10-11AM RTP 16+ \$50 S 7/16-8/6 10-11AM RTP

Swim Lessons: Advanced Beginner



This program is designed to teach 3 and 4 year olds the basic skills through fun and exciting martial arts games.

4+	\$50	M-Th	6/6-6/16	9-9:30AM	RTP
4+	\$50	MW	6/6-6/29	9-9:30AM	RTP
4+	\$50	TTh	6/7-6/28	9-9:30AM	RTP
4+	\$50	M-Th	7/11-7/21	9-9:30AM	RTP
4+	\$50	MW	7/11-8/1	9-9:30AM	RTP
4+	\$50	TTh	7/12-8/4	9-9:30AM	RTP

Swim Lessons: Beginner



This class is for those who are getting comfortable in water safety. Introducing the basics of floating and beginning strokes.

3+	\$50	M-Th	6/6-6/16	9:45-10:15AM	RTP
3+	\$50	MW	6/6-6/27	9:45-10:15AM	RTP
3+	\$50	TTh	6/7-6/30	9:45-10:15AM	RTP
3+	\$50	TTh	6/7-6/30	9:45-10:15AM	RTP
3+	\$50	M-Th	7/11-7/21	9:45-10:15AM	RTP
3+	\$50	MW	7/11-8/3	9:45-10:15AM	RTP

Swim Lessons for Children with Special Needs



This class is for children with special needs who are getting comfortable in water safety. Introducing the basics of floating and beginning strokes.

5+	\$50	Т	6/7-6/28	5:15-5:45PM	RTP
5+	\$50	Т	7/12-8/2	5:15-5:45PM	RTP

Swim Technique and Endurance



This class is for those who are interested in perfecting strokes and getting ready or preparing for future swim teams.

7+	\$50	MW	6/6-6/29	6-7PM	RTP
7+	\$50	MW	7/11-8/3	6-7PM	RTP
7+	\$50	TTh	6/7-6/30	6-7PM	RTP
7+	\$50	TTh	7/12-8/4	6-7PM	RTP

REGISTER ONLINE:MARICOPA-AZ.GOV

Taekwondo - Little Kicks:



This program is designed to teach 3 and 4 year olds the basic skills through fun and exciting martial arts games.

3-4	\$45	F	5/20-6/24	5:30-6PM	CTR
3-4	\$45	F	7/15-8/19	5:30-6PM	CTR

Taekwondo:



Learn one of the most popular martial art forms today from a 5th degree black belt instructor. Taekwando does not only teach self-defense but is a great exercise that develops mental and physical discipline, coordination, self-confidence and personal growth.

5+	\$65	F	5/20-6/24	6-7PM	CTR
5+	\$65	F	7/15-8/19	6-7PM	CTR

Tiny Tot Sport:



Are you ready for a revolutionary sports experience? Our tiny tot sports program is a fun-filled six-week program. This class is designed to teach your little one the basic concepts of soccer, t-ball and basketball. no special equipment is needed other than a smile! A parent or guardian has to be present during the class. All participants receive a t-shirt.

2-3	\$20	Μ	5/16-6/27	8-8:45AM	PP
3-4	\$20	Т	5/17-6/28	8-8:45AM	PP
2-3	\$20	Th	5/19-6/30	8-8:45AM	PP
4-5	\$20	F	5/20-7/1	8-8:45AM	PP

Water Aerobics



Water aerobics teaches you to use water as a powerful gym. You'll mimic sports workouts and exercises in the water, such as running, biking, weight lifting and kick-boxing, without impact or wear and tear on your joints!

16+	\$50	M	6/6-6/27	7-7:45AM	RTP
16+	\$50	Μ	7/11-8/1	7-7:45AM	RTP

Yoga (Beginner):



This class is for the person who has never taken yoga or who is new to yoga (1 year or less). This is a gentle way to start yoga. Benefits can include stress reduction, flexibility and relaxation. Bring a yoga mat, water and wear comfortable clothing.

16+ \$32 Th 6/2-6/23 7:30-8:15PM CTR 16+ \$32 T 6/7-6/28 7:30-8:15PM CTR

Yoga for Seniors:



This class is designed for ages 55 and older. Live longer and become stronger, gain flexibility and increase range of motion. Bring a yoga mat, water and wear comfortable clothing.

55+ \$28 T 6/7-6/28 5:30-6:15PM CTR

Zumba:



Zumba is a latin-inspired, dance-fitness class that incorporates latin and international music and dance movements. This class format combines fast and slow rhythms that tone and sculpt the body in a high impact aerobic/fitness fashion to achieve a unique blended balance of cardio and muscle-toning benefits. Be prepared for an hour of non-stop dancing in a party-like environment. All levels welcome.

16+ \$50 TTh 5/17-6/30 6:30-7:30PM CTR

Zumba Tone:



Zumba Tone is a part of the dance-fitness class Zumba, that incorporates latin and international music and dance movements with light weights, 1 to 2lbs. This class format combines fast and slow rhythms that tone and sculpt the body in a high impact aerobic/fitness fashion to achieve a unique blended balance of cardio and muscle-toning benefits. Zumba Tone uses Tone Sticks that are 1.5 pound weights. It is recommended that participants in Tone use Tone sticks. Weights and sticks not included. All levels welcome.

16+ \$35 M 5/16-6/27 7:15-8:15PM CTR

TRAINING & CERTIFICATIONS

CPR with First Aid & AED:



Participants will learn first aid skills for treating a variety of injuries, such as burns, wounds, head, neck and back injuries as well as how to manage sudden illnesses or stroke. Participants will also learn how to perform CPR and AED for breathing and cardiac emergencies in adults, children and infants. Per completion and approval a two year certification will be awarded.

15+ \$45 S 6/10 8:30AM-5PM TBD 15+ \$45 S 7/16 8:30AM-5PM TBD

SUMMER CAMPS ARE BACK...

Basketball Mini Camp



This is a fun way, in an air conditioned building, for children who are a little more serious about sport to pick up additional skills and experience in basketball. Every child will get a t-shirt, and an award at the final banquet. We have volunteer and trained staff working together to provide a high quality product.

5-7 \$50 M 6/6-6/27 5-6:30PM PWY 8-10 \$50 M 6/6-6/27 6:30-8PM PWY 5-7 \$50 M 7/11-8/1 5-6:30PM PWY 8-10 \$50 M 7/11-8/1 6:30-8PM PWY

Disney's Camp Rock, Musical Class / Production



Maricopa Community Theatre Summer Program's sole purpose is to help teens and children learn the process of creating strong character through performance. Student actors will explore voice, movement & expression, character analysis and theatrical production. At the end of the program, students will perform Disney's Camp Rock, the musical for the community. This will be a unique opportunity for students to perform in a community theatre production and for students interested in learning the technical side of theatre. Come rock out with our team of Directors, Acting Coaches and Choreographer! Performance Dates: July 21 & July 22 at 7:00 pm and July 23 at 2:00 pm. 8-19 \$60 M-Th 6/21-7/23 1-5PM TBD

Flag Football Mini Camp



This is a fun way, in an air conditioned building, for children who are a little more serious about sport to pick up additional skills and experience in Flag Football. Every child will get a t-shirt, and an award at the final banquet. We have volunteer and trained staff working together to provide a high quality product.

5-7 \$50 Th 6/2-6/23 5-6:30PM PWY 8-10 \$50 Th 6/2-6/23 6:30-8PM PWY 5-7 \$50 Th 6/30-7/21 5-6:30PM PWY 8-10 \$50 Th 6/30-7/21 6:30-8PM PWY

Gym & Swim



Enjoy the best of both worlds, enjoy the

physical activity of gymnastics in an air conditioned building. You will experience vault, bars, beam, trampoline, rings and more. After working up a sweat we will go to the pool and play a variety of activities and swim.

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6+	\$25	M	6/6-6/12	9AM-12PM	SSM
6+	\$25	W	6/6-6/12	9AM-12PM	SSM
6+	\$45	MW	6/6-6/12	9AM-12PM	SSM
6+	\$25	M	6/13-6/19	9AM-12PM	SSM
6+	\$25	W	6/13-6/19	9AM-12PM	SSM
6+	\$45	MW	6/13-6/19	9AM-12PM	SSM
6+	\$25	M	6/20-6/26	9AM-12PM	SSM
6+	\$25	W	6/20-6/26	9AM-12PM	SSM
6+	\$45	MW	6/20-6/26	9AM-12PM	SSM
6+	\$25	Μ	6/27-7/3	9AM-12PM	SSM
6+	\$25	W	6/27-7/3	9AM-12PM	SSM
6+	\$45	MW	6/27-7/3	9AM-12PM	SSM
6+	\$25	W	7/4-7/10	9AM-12PM	SSM
6+	\$45	MW	7/4-7/10	9AM-12PM	SSM
6+	\$25	Μ	7/11-7/17	9AM-12PM	SSM
6+	\$25	W	7/11-7/17	9AM-12PM	SSM
6+	\$45	MW	7/11-7/17	9AM-12PM	SSM
6+	\$25	M	7/18-7/24	9AM-12PM	SSM
6+	\$25	W	7/18-7/24	9AM-12PM	SSM
6+	\$45	MW	7/18-7/24	9AM-12PM	SSM
6+	\$25	Μ	7/25-7/31	9AM-12PM	SSM
6+	\$25	W	7/25-7/31	9AM-12PM	SSM
6+	\$45	MW	7/25-7/31	9AM-12PM	SSM

Performing Class



Singing Class: Students will learn a variety of songs, basic vocal technique, projection, and music basics. Dance Class: Focusing on the theatrical aspects of dance, students will learn choreography and techniques in tap, jazz and Ballet. Art Class: Students will learn art basics and techniques, with a theatrical focus, while working with different mediums. Acting Class: Students will learn basic acting techniques, stage presence and vocal projection skills. All actors will have a part in the show. All the classes are working together toward a Production at the end of the summer. This is a super fun way to beat the heat and prevent boredom this summer! Tuition includes a t-shirt for end of the year spectacular.

5-8 \$119 M-Th 5/31-6/30 8AM-12PM MDA 9+ \$119 M-Th 5/31-6/30 12-4PM MDA

Soccer Mini Camp



This is a fun way, in an air conditioned building, for children who are a little more

serious about sport to pick up additional skills and experience in Soccer. Every child will get a t-shirt, and an award at the final banquet. We have volunteer and trained staff working together to provide a high quality product.

5-7 \$50 T 5/31-6/21 5-6:30PM PWY 8-10 \$50 T 5/31-6/21 6:30-8PM PWY 5-7 \$50 T 6/28-6/19 5-6:30PM PWY 8-10 \$50 T 6/28-7/19 6:30-8PM PWY

Star Summer Camp



An excellent opportunity to participate in age appropriate activities with certified teachers. Experience arts & crafts, music, dance, reading adventures, sport and games, all based on a new theme each week. Participating children will enjoy a variety of guest speakers, themes and opportunities. Contact Amy Bratley at Desert Star Gymnastics at 520-414-4991 to set up specific days. (H=half, F=full)

2H days/wk = \$156, 2F days/wk = \$292, 3H days/wk = \$196, 3F days/wk = \$395, 5H days/wk = \$302, 5F days/wk = \$565.

5-10 M-F 5/31-6/24 8AM-5PM PWY 5-10 M-F 6/27-7/22 8AM-5PM PWY

Teen Camp



Prepare yourself for the future. We will be working on resumes, cover letters, applications and much more. We will give you the opportunity to job shadow. You will also have the opportunity to get First Aid and CPR certified, Life guard trained and more. 1/2 refunable if all requirements are met.

15-18 \$50 M-Th 5/31-6/23 9AM-12PM PWY 15-18 \$50 M-Th 5/31-6/23 12-3PM PWY 15-18 \$50 M-Th 6/27-7/21 9AM-12PM PWY 15-18 \$50 M-Th 6/27-7/21 12-3PM PWY

Volleybal Mini Camp



This is a fun way, in an air conditioned building, for children who are a little more serious about sport to pick up additional skills and experience in Volleyball. Every child will get a t-shirt, and an award at the final banquet. We have volunteer and trained staff working together to provide a high quality product.

5-7 \$50 W 6/1-6/22 5-6:30PM PWY 8-10 \$50 W 6/1-6/22 6:30-8PM PWY 5-7 \$50 W 6/29-7/20 5-6:30PM PWY 8-10 \$50 W 6/29-7/20 6:30-8PM PWY

Questions? Contact Us...

Contact Community Services 520.316.6962

John Nixon Director 520/316.6966 john.nixon@maricopa-az.gov

Brenda Campbell Administrative Assistant II 520/316.6963 brenda.campbell@maricopa-az.gov

Maria Billingsley Recreation Coordinator II 520/316.6962 maria.billingsley@maricopa-az.gov

Monica Rubio Recreation Coordinator 520/316.6965 monica.rubio@maricopa-az.gov

Rocky Brown Youth Coordinator 520/316.6835 rocky.brown@maricopa-az.gov

Maricopa Public Library 520.568.2926

Joe Gunter Library Manager 520/233.2401 joe.gunter@maricopa-az.gov

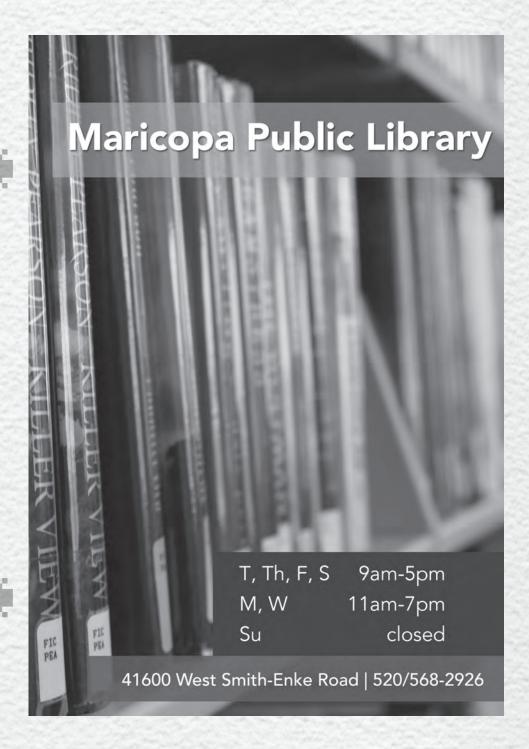
Kevin Drinka Sr. Library Coordinator 520/233.2418 kevin.drinka@maricopa-az.gov

Heather Kennedy Library Assistant heather.kennedy@maricopa-az.gov

Stephannie Spencer Library Assistant stephannie.spencer@maricopa-az.gov

Vicki Mabery Library Assistant vicki.mabery@maricopa-az.gov

Vicki Rider Library Assistant vicki.rider@maricopa-az.gov



Looking Ahead

at the Recreation Calendar

Fall / Winter Session

Registration begins: July 25

Classes: September 12 through December 9

